Independent Living Mentor training

Introduction

* Expectations of an Independent Living Mentor
* What you can expect
* Safeguarding Module
* Understanding HIV - link with existing modules from an India based org
* Understanding Trauma - link with existing modules from an India based org
* What is ‘Independent Living?’
  + Individual development
  + Peer-to-peer relationships
* What is ‘Mentorship?’
* Care Leaver’s Rights

First Stages

* Moving in
* Understanding your role
  + Supporter, not a manager
  + Supporting independence, rather than forcing obedience
  + Creating a safe space
* Care leaver’s responsibilities
* Establishing Living Arrangements
  + Do this collaboratively
  + Respecting each other
  + Respecting Self
  + Respecting Space
  + Rooms
* Establishing After Care Expectations
  + Curfew
  + Rent
  + Cleaning
  + Regular attendance of training/school
  + Visitors
  + Shared expenses
  + Anything collaboratively agreed upon
* Understanding expectations
  + How to enforce without controlling
  + Setting them up to succeed

Supporting Care Leavers and Managing the Home

* Conflict Resolution
* Positive Neighbours
* Neighbourhood Safety
* Sex and Relationships
* Financial Literacy
  + Bank Accounts
  + Saving
  + Regular check ins
* Maintaining Health
  + Regular check ins with care leavers
* Discipline (developed from policy)
  + Prohibited discipline
  + Managing incidents
  + Disciplinary process
* Emergency procedures