Independent Living Mentor training

Introduction

* Expectations of an Independent Living Mentor
* What you can expect
* Safeguarding Module
* Understanding HIV - link with existing modules from an India based org
* Understanding Trauma - link with existing modules from an India based org
* What is ‘Independent Living?’
	+ Individual development
	+ Peer-to-peer relationships
* What is ‘Mentorship?’
* Care Leaver’s Rights

First Stages

* Moving in
* Understanding your role
	+ Supporter, not a manager
	+ Supporting independence, rather than forcing obedience
	+ Creating a safe space
* Care leaver’s responsibilities
* Establishing Living Arrangements
	+ Do this collaboratively
	+ Respecting each other
	+ Respecting Self
	+ Respecting Space
	+ Rooms
* Establishing After Care Expectations
	+ Curfew
	+ Rent
	+ Cleaning
	+ Regular attendance of training/school
	+ Visitors
	+ Shared expenses
	+ Anything collaboratively agreed upon
* Understanding expectations
	+ How to enforce without controlling
	+ Setting them up to succeed

Supporting Care Leavers and Managing the Home

* Conflict Resolution
* Positive Neighbours
* Neighbourhood Safety
* Sex and Relationships
* Financial Literacy
	+ Bank Accounts
	+ Saving
	+ Regular check ins
* Maintaining Health
	+ Regular check ins with care leavers
* Discipline (developed from policy)
	+ Prohibited discipline
	+ Managing incidents
	+ Disciplinary process
* Emergency procedures